

2026-2027 EfM Blurb



What is EfM?

EfM helps participants understand and then apply Holy Scripture to daily life. God's revelation through Christian tradition is taken seriously by EfM, from the earliest biblical messages, through the development of liturgy and theology, and even to the context of the challenges we face in our own times and daily lives. In the environment of the bi-weekly seminar, this study becomes the fodder for discussion and theological reflection.

Each seminar group sets its schedule to accommodate the thirty-six seminars of the *EfM: Classic* and *EfM: Wide Angle* program. Each seminar meeting includes worship, community life, theological reflection, and a reflective discussion of the participants' study from that week's assignments.

- Participants experience thirty-six lessons of *EfM: Classic* and *EfM: Wide Angle* by engaging material specific to their year.
 - *EfM: Classic* involves four years, taken one year at a time: Old Testament, New Testament, Christian History, and Christian Spirituality and Ethics.
 - *EfM: Wide Angle* is an overview of the spiritual journey that introduces participants to *EfM: Classic* by touching on the Old Testament, New Testament, Christian history, spirituality, and ethics within one year.
- Nine lessons are common to all years. They include two lessons which mark the beginning and end of the year, four Spiritual Sojourner Essays, and three Community Gathering sessions.

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